

# Mobility Assessment: Minimum Assistance

## Step 1: Patient Assessment



### Patient/resident:

- Demonstrates balance while shifting weight & has ability to step
- Can take independent steps & does not use assistive devices
- Can maneuver necessary turns
- Exhibits safety awareness

## Step 2: Patient Care Tasks



### None performed by caregiver:

Patient/Resident can move about without assistance and actively assists during medical examinations/tests.

## Step 3: Identify & Locate Appropriate Equipment



- Gait belts
- Lateral transfer aids such as boards
- Repositioning aids
  - Trapeze bar
  - Hand blocks
  - Push-up bars attached to the bed frame

## Step 4: Staffing 0 or 1 staff:



Help or oversight, encouragement & cueing may be required at times.

