



YOUR BENEFITS UPDATE

VOL 4 • 2025

A Newsletter From Your DC 37 Health & Security Plan

Greetings from 125 Barclay Street

YOUR DC 37 HEALTH & SECURITY PLAN is here to make sure you and your family are utilizing your prescription drug, dental, optical, MELS, PSU, and other supplemental benefits. To get the most from the Plan, **it's vital that you keep all of your information up-to-date.**



MOVED OR NEW CELL NUMBER? Let us know by completing a **Change of Status Form**.

MARRIED, DIVORCED, OR NEW BUNDLE OF JOY? Submit a **Change of Status Form** and a copy of the relevant documents, e.g., birth certificate, guardianship records, marriage certificate/ domestic partner, or divorce decree.

RETIRED, TURNED 65, AND MEDICARE ELIGIBLE: Apply for Medicare Part B and then send to the Eligibility & Enrollment Unit a copy of your Medicare Part A and B card along with a copy of your health insurance card so we can update your prescription drug plan.

UPDATE YOUR BENEFICIARY DESIGNATIONS: Are you sure the person you named 5, 15, or 25 years ago is the person you now want to receive your death or annuity benefit? Update your beneficiaries now.

All Health & Security Plan forms, including the **Change of Status Form** and **Change of Beneficiary Form** are available at www.dc37.net/benefits/health/hs_forms.

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DC 37 Eligibility & Enrollment Unit

125 Barclay Street, New York, NY 10007
Tel: (212) 815-1234; **Fax:** (212) 298-9880; **Email:** eeu@dc37.net
Monday–Friday, 8:30 am–5:30 pm.

Our PSU Social Workers Are Here to Help

ARE YOU FEELING STRESSED? Our Personal Service Unit (PSU) is comprised of New York State licensed social workers who provide confidential individual counseling, information referrals, advocacy, and support to DC 37 Health & Security actives, retirees, and their adult dependents.

PSU collaborates with members to tailor treatment plans based on their individual needs. Some of the concerns PSU can help with include depression, anxiety, personal and family discord, occupational stress,

substance use, bereavement, and parenting problems.

PSU also provides workshops and group counseling as needed. PSU conducts therapy sessions in person and by video and phone.

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DC 37 Personal Service Unit
125 Barclay Street, New York, NY 10007
Tel: (212) 815-1250
Screening for Counseling Sessions
Monday–Friday, 9 am–12:30 pm
Tel: (212) 815-1260 or (212) 815-1250

See a Delta Dental Dentist or Visit the DC 37 Dental Center

DENTAL CARE IS CRITICAL to maintaining your overall health and with DC 37's state-of-the-art Dental Center in Manhattan and our full-coverage dental plan through Delta Dental, there's no reason to wait.

Visit www.dc37.net/benefits/health/dental to learn more about your plan and find tips on dental health.

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DC 37 Dental Center
115 Chambers Street
New York, NY 10007

For appointments call:
(212) 815-1006

To find your preferred Delta Dental provider call:
Monday–Friday, 8 am–8 pm
Tel: (888) 523-DC37 (3237)
www.deltadentalins.com/dc37



Your Annuity, Health & Pension Unit

PLANNING TO RETIRE? Make an appointment to meet with one of our preretirement counselors at 125 Barclay Street. Counseling sessions are intended to answer your retirement questions and assist you with completing forms for your retiree health.

The **DC 37 Med Team** health insurance plan, offered exclusively to DC 37 members, is also managed by this Unit.

The **DC 37 Annuity Plan** is also administered by this Unit. Not all DC 37 members have an annuity. For those who do, annual statements are mailed in August. Annuity information can be obtained by contacting us at the below:

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DC 37 Annuity, Health & Pension Unit

125 Barclay Street, New York, NY 10007

Tel: (212) 815-1200 (General)

Tel: (212) 815-1888 (Annuity)

Fax: (212) 815-1325

Email: AHP@dc37.net

Access Our Hepatitis C Treatment Program Now

DC 37 HEALTH & SECURITY PLAN

has partnered with NYC Health + Hospitals (NYC H+H) to provide a Hepatitis C Treatment Program for DC 37 H&S participants suffering from the viral liver disease that affects an estimated 3.5 million Americans.

The typically 8- to 24-week program is available to DC 37 H&S participants and their dependents under the age of 65 who are currently covered by the OptumRx prescription drug benefit at \$0 cost. NYC H+H patient navigators assist DC 37 H&S participants throughout the duration of the treatment program.

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DC 37 Hep C Treatment Program

Tel: (917) 828-7427

Email: HepCDC37Program@nychhc.org

H&S Prescription Drug Unit

Tel: (212) 815-1608

Fax: (212) 815-1218

Out of Work Due to Disability? We've Got You Covered



IF YOU ARE unable to work due to illness or have become physically or mentally disabled, you are entitled to receive disability benefits. This supplemental income is available to DC 37 Health & Security Plan active participants who are in active pay status and meet the required number of working hours for eligibility.

The weekly disability income benefit for full-time, per annum employees is now **\$300 per 7-day week**, and is payable up to a maximum of 26 weeks (but not longer than the H&S active participant remains totally disabled).

The weekly disability benefit for part-time or hourly employees is **\$200 per 7-day week**, and payable up to a maximum of 26 weeks (but not longer

than the H&S active participant remains totally disabled).

Claims must be submitted within 30 days of your last day of work.

Download a **Disability Claim Form** at www.dc37.net/benefits/health/hs_forms. Be sure to read all instructions carefully to avoid a delay in processing. Complete the form in its entirety, including all required signatures, dates of treatment, timekeeper's phone number, and email addresses.

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DC 37 Disability Benefit Unit

125 Barclay Street, New York, NY 10007

Tel: (212) 815-1234

Fax: (212) 298-9886

Email: DisabilityUnit@dc37.net

A Note on Your DC 37 H&S Plan Death Benefit

WHEN A DC 37 HEALTH & SECURITY PLAN member passes, a death benefit may be paid to the person's designated beneficiary(ies) selected by the member on their enrollment card or **Change of Beneficiary Form** available at www.dc37.net/benefits/health/hs_forms. While this topic may be difficult, it is important to update your written designated beneficiary(ies) and inform them about this benefit.

The current death benefit amounts are \$10,000 for full-time employees, \$6,000 for part-time employees, and \$2,000 for retirees (except Cultural Institution retirees whom receive \$1,000). An additional \$500 death benefit is available to retirees who

have been DC 37 Retiree Association members for 7 years or more.

A copy of the death certificate must be submitted to start the process of payment. For further information, please contact the Death Benefit Unit.

Reminder: Advise your beneficiaries that you have this benefit and that it must be claimed within one year of the date of death.

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DC 37 Death Benefit Unit

125 Barclay Street, New York, NY 10007

Tel: (212) 815-1234

Fax: (212) 298-9885

Email: Deathbenefits@dc37.net



Improve Your Pharmacy Counter Experience

WHEN AT YOUR LOCAL PHARMACY, make sure the pharmacy has **all** of your insurance cards on file for processing your prescriptions.

Active & Pre-65 Retirees*	Medicare Retirees
<p>You have 3 cards that cover your prescriptions:</p> <ul style="list-style-type: none"> ▶ OptumRx: This is your DC 37 Health & Security Plan prescription drug plan and it covers the bulk of your generic, brand, and specialty medications. ▶ Emblem/HIP/DC 37 Med Team/MetroPlus: Your NYC Health Insurance also covers certain prescription drugs—such as diabetes medications, low dose statins, PrEP, birth control, and vaccines. ▶ Express Script/PICA: This covers a wide range of self-injectables, cancer, and cancer-related nausea medications. 	<p>You have 2 cards that cover your prescriptions:</p> <ul style="list-style-type: none"> ▶ Aetna/SilverScript: Your DC 37 Health & Security Plan over-65 retiree drug plan covers the bulk of your generic, brand, and specialty medication. This is your Medicare Part D plan. ▶ Medicare Part A/B: Every retiree over 65 years old has a Medicare card reflecting Part B coverage. Several prescription drugs are covered by your Part B plan. <p><i>*Exceptions: TBTA and State members have different Rx insurance and no PICA.</i></p>

Your DC 37 H&S Plan is here to guide you through your prescription drug coverage. If your pharmacy tells you a medication is “not covered by your insurance” or costs more than \$45.50 for a 30-day supply, ask them to process the claim with each of the above cards. **If that does not correct the coverage issue, please call us at (212) 815-1234 and tell the operator you are at the pharmacy and need our help. We will gladly assist you.**

See Better: Your Optical Benefit

Stop squinting and have your eyes examined. Our optical benefit currently has three options available every two years:

- (1) the Voucher system where you can visit a DC 37 Optical Provider; or
- (2) a \$250 maximum reimbursement for covered optical expenses; or
- (3) a combination of both.

Please call us at (212) 815-1234 to confirm your every two-year utilization eligibility.



Audiology: Hearing Loud and Clear

PEOPLE COMMONLY DELAY seeking treatment for hearing loss, but with our robust audiology benefit, there's no need to forego critical evaluation and treatment.

Our member-only (active and retiree) benefit includes a comprehensive audiology evaluation, hearing aid evaluation, and the dispensing of basic hearing aids if deemed necessary every three years at no (\$0) cost.

Please contact the DC 37 Audiology Center located at 115 Chambers Street, New York, to make an appointment for a screening.

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For Audiology Appointments

Tel: (212) 791-2126
Monday–Friday, 9 am–5 pm





DC 37 Health & Security Plan
 125 Barclay Street, 5th Floor
 New York, NY 10007

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Legal Services for DC 37 H&S Participants

ACTIVE AND RETIRED H&S members and eligible dependents have access to civil legal services at no (\$0) cost through DC 37 Municipal Employees Legal Services (MELS).

CASES WHERE WE CAN HELP

MELS provides representation for nonwork-related legal matters such as tenants' rights and evictions, divorces and separations, buying and selling homes, drafting wills and life-planning documents, resolving consumer complaints, student loan defaults, stopping wage garnishment, credit and debt disputes, bankruptcies, family court and adoption matters, applying for citizenship, name changes, eligibility for public benefits, rent subsidies, and public housing.

MELS also offers webinars on everything from real estate to student loans. Register at www.dc37mels.com.

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Contact MELS

DC 37 Municipal Employees Legal Services

125 Barclay Street, New York, NY 10007

Tel: (212) 815-1111

Email: MELSscreeningunit@dc37.net

Webinars: www.dc37mels.com

Join us at an upcoming DC 37 Health & Security Benefits Fair at 125 Barclay. For the next scheduled dates go to www.dc37.net/blog.



General Questions About Your DC 37 H&S Plan Benefits? Call, Email, or Fax Us At:

Tel: (212) 815-1234

Fax: (212) 815-1321

Tel: (212) 815-1531 (for H&S forms)

Email: benefitsinquiry@dc37.net

This newsletter is designed to briefly explain and update you on some of the current benefits provided by the DC 37 H&S Plan. In all cases, the DC 37 H&S Plan is administered in accordance with the Plan Document. Under no circumstances shall the Plan be liable for any inconsistencies or contradictions between this newsletter and the Plan Document.