

Mobility Assessment: Moderate Assistance

Step 1: Patient Assessment



Patient/resident tends to have lower extremity stability, strength & control and can do the following:

- Come to a seated position & maintain balance
- Bear weight on legs & can stand
- Pivot to transfer

Step 2: Patient Care Tasks



- Chair to toilet
- Bed to chair
- Bed to wheelchair
- Repositioning in bed
- Lifting of legs/arms
(depending on size of patient)

Step 3: Identify & Locate Appropriate Equipment



- Sit to Stand assist devices
- Stand Aids
- Ambulation assist devices
 - Canes
 - Walkers
 - Crutches
 - Rollators
- Floor Lifts
 - Limb support
 - Bars/handles
- Lift cushion/Lift chairs
- Lateral Transfer Aids

Step 4: Staffing 2 or more staff:



Size of patient and/or type of examination or medical procedure being performed may require additional staff to assist.



Produced through a grant from NYS Department of Labor Hazard Abatement Board (C16004GG) by District Council 37 Safety and Health Department, 2017

