

## Help Keep health care cost down



Generic prescription drugs are proven to be as safe and effective as more costly brand-name drugs. Generics produce the same effects in the body as their brand-name counterparts because both contain the identical active ingredients and are approved by the Federal Food and Drug Administration (FDA).



**I want to help contain health care costs by requesting a generic prescription drug when available and appropriate.**

### **DC 37 MEMBERS PLEDGE CARD**

**Talk with your doctor or pharmacist to see if generic drugs are right for you.**

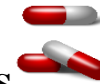
## **How do you know that generic drugs are safe and effective?**

The Office of Generic Drugs, part of the federal Food and Drug Administration's Center for Drug Evaluation and Research is dedicated to assuring that only safe, effective, high-quality, and equivalent generic products are approved for use by consumers and health care professionals.

The American public can be confident that when a generic drug product is approved, it has met the rigorous standards established by the FDA with respect to identity, strength, quality, purity and potency.

Excerpted from the U.S. Food and Drug Administration Web site welcome letter at [www.fda.gov](http://www.fda.gov)





## HELP SAVE YOUR PRESCRIPTION DRUG BENEFIT PLAN BY USING GENERICS

(All drug costs listed are averaged among many retail pharmacies. Shop around to find the pharmacy near you offering the lowest drug cost).

<u>Common Illnesses/Diseases</u>	<u>Brand Drug</u>	<u>Drug Cost</u>	<u>Co-pay</u>	<u>Generic Drug</u>	<u>Drug Cost</u>	<u>Co-pay</u>
High Blood Pressure, Cardiovascular Disease, Blood Thinners	Diovan	\$192	\$35	Valsartan	\$30.00	\$5
	Cozaar	\$364	\$35	Losartan Potassium	\$25.50	\$5
	Coumadin	\$48	\$35	Warforin Sodium	\$8.10	\$5
	Plavix	\$232	\$35	Clopidogrel Bisulfate	\$7.50	\$5
Asthma, COPD, Chronic Bronchitis & Emphysema	Singulair	\$198	\$35	Montelukast	\$30.00	\$5
High Cholesterol	Lipitor*	\$221	\$35	Atorvastatin Calcium	\$5.70	\$0
	Zocor*	\$217	\$35	Simvastatin	\$7.80	\$0
	Pravachol*	\$177	\$35	Pravastatin Sodium	\$17.50	\$0
	Crestor *	\$251	\$35	look for generic in 5/2016	\$-	\$-
Osteoarthritis	Cymbalta	\$261	\$35	Duloxetine HCL	\$34.50	\$5
	Celebrex	\$277	\$35	Celecoxib	\$75.00	\$5
Acid Reflux (GERD)**	Prilosec ***OTC	\$	\$	Omeprazole	\$7.50	\$5
	Nexium ***OTC	\$	\$	Esomeprazole Magnesium	\$115.00	\$5
	Prevacid***OTC	\$	\$	Lansoprazole	\$25.50	\$5
Pain Relief	Endocet	\$148	\$35	Oxycodone Acetaminophen	\$36.00	\$5
	Vicodin	\$260	\$35	Acetaminophen Hydrocodone	\$188.00	\$5
Bacterial Infections	Cipro tablet	\$253	\$35	Ciprofloxacin	\$18.60	\$5
Sleep Disorders/Insomnia	Ambien	\$432	\$35	Zolpidem Tartrate	\$2.30	\$5
	Xanax	\$97	\$35	Alprazolam	\$1.50	\$5
Antipsychotic	Abilify	\$717	\$35	Aripiprazole	\$55.00	\$5
Depression/Anxiety	Zoloft	\$226	\$35	Sertraline HCL	\$11.70	\$5

\*If you wish to obtain a brand statin, you will be required to pay the \$35.00 co-pay, plus the current ancillary charge of up to \$145 (the current difference between the ingredient cost of the brand and generic statin) for a total payment of up to \$180.00.

\*\*All covered acid reflux drugs have a 90-day life time limit. That 90-day limit may only be lifted if required medical documentation is provided to the Plan.

\*\*\*Absent documented medical necessity, these drugs are not covered as they are available as over-the-counter drugs at your local pharmacy.

Note: To check for generics of any brand drug covered by the Plan, after registering on the Optum website: [www.OptumRx.com](http://www.OptumRx.com), click on "formulary", go to search "drug name" where you will enter the brand drug name, then click on "browse formulary" by "generic". If the brand drug has a generic it will appear on the screen.